

VOYAGES
EXTRAORDINAIRES

THE ART OF PACKING LIGHT



Tips to pack lighter and save space

SUITCASE VS BACKPACK

General tips



- Shop carefully for your suitcase or backpack – make sure YOU like it
- Test them - put some weights in it to test, put on shoulders, and on one shoulder, roll it around
- Ask questions if you're unsure, it pays to know your luggage inside out

SUITCASE



Pros and cons

- + Sturdy and rigid
- + Roomy and compartment is easily accessible
- Cannot be compressed
- Not adapted for all travels

BACKPACK



Pros and cons

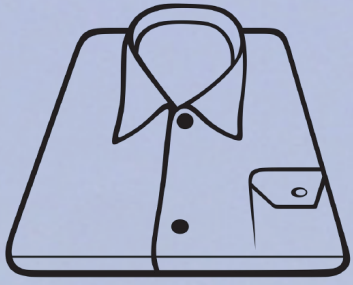
- + Easily compressible
- + Can be used in most types of travel
- Depending on the model, content might not be as easy to get to in the main compartment
- If the backpack is judged too big, airport staff might get you to have it checked

TOILETERIES



- Leave soap, shampoo and conditioner at home; take the ones from the hotel
- Bring what you really need – band aids, antacids, hairbrush, etc.
- Avoid using a big toiletry bag with a single pocket
- Use a bag that fold flat and that has compartments, with a hook on one end

PACKING CUBES VS ROLLING CLOTHES



Rolling clothes pros/cons

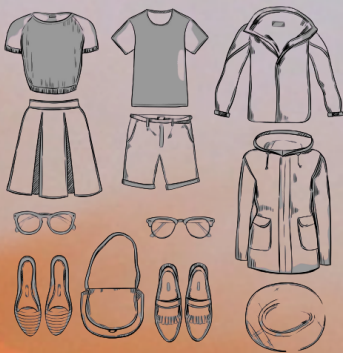
- + Does not take a lot of room
- + Rolled clothes can be put in pattern to fit space
- Clothes will get wrinkled
- It's easy to get all the clothes in a jumble after taking them out and putting them back



Packing cubes pros/cons

- + Multiple sizes to fit and separate different types of clothes
- + Clothes do not get wrinkled as easily
- Using them in backpacks can be awkward, as they may have to bend to fit its shape
- You will pack less than with the rolling method

MULTI-USE CLOTHES



- Keep in mind the trip you are taking when packing
- Ditch single-use items, unless you REALLY need them
- Find clothes that are not for a single purpose
- For ladies, a pareo has multiple uses
- Have clothes that can easily mix and match
- Use a waterproof jacket with a warm underlayer
- Try to use shoes that fit for most setting

NEED



- Always factor your needs when packing
- Make the difficult decisions and be ruthless
- Always bring the truly needed
- Be honest: do you really really need it?
- Decisions depend on space, trip or own criteria
- Avoid having a "what if" category!
- You may leave things that you'd usually bring
- If you've asked "why did I ever bring this?" leave it

FINAL WORDS



- Travelling with only a carry on is not for everyone
- Try it at least once, see how time and money can be saved
- You will have limited choice in clothes
- You can also be limited souvenir space
- Start with a small trip
- The more you do it, the easier it gets



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